

Remarkable rubbings walk



SmartSteps
FOR FAMILIES

A creative walk for little artists.

Age:
3-8 years



Length:

A moderate stroll



You will need:

- thick crayons (wrappers removed)
- plenty of A3 or A4 sheets of paper

This is a great activity for children learning about nature.

Do you remember paper rubbings from your childhood? If you don't, it's easy! Give each child a crayon and a piece of paper.

During your walk, encourage them to place the paper over any surface they find interesting. They simply rub the crayon horizontally across the paper and watch the image underneath appear.

Surfaces for rubbings could include interesting pavers on the ground, bricks on a fence, or rocks and leaves in a garden. It may take a few attempts with the right pressure on the crayon to get this right.

Children will love creating pieces of art as they explore. The finished art makes great wrapping paper, gifts for the neighbours or something for show-and-tell.

TOP TIP: Why not take this walk on the way home from kindergarten or school – children can share with you what they have learned about nature. It is an activity that will change with different environments and different seasons.

